

Dear guest

Welcome to the Mountainguesthouse First!



We are very happy that you found your way to us and we are here to spoil you today. Together with my team, we want to make your stay as comfortable as possible.

Grindelwald - First «Top of Adventure» - is committed, that's why we value regional products, which are freshly processed. It is very important to us that manufacturers and suppliers are mindful of 'gentle and appropriate' production and delivery. This isn't always easy on the mountain, as all of our products have to be brought to us via the gondola lift.

We cordially invite you and look forward to welcoming you «Firstlich»

Tom Ysebaert & das First Team

## At the beginning there was...

... everything started in 2012 with the takeover of Berggasthaus First.

The constantly growing tourism is a big challenge, which we gladly accepted. Whether your private occasion is weddings, birthdays, or a business meeting. Everything is possible here. Up to 100 people can even stay in different room categories. A unique experience is a night at over 2'200 meters above sea level.

At this time, the Apres Ski Bar Genepi is a part of the whole. In winter we offer live music every Saturday and in summer the Genepi invites you to linger.



The next step was the takeover of the Firstlodge in February 2019. Do you want to sleep like you're in your grandmother's time? This is our lodge, which is right next to the valley station First with 13 possible rooms. Come and enjoy the charm.



And brand new from December 2019 we also offer three apartments in Grindelwald. Centrally located at the valley station First. The best starting point in summer for hiking or skiing in winter!

## Breakfast

### «Z'Morge füre chli Hunger»

1 hot drink of choice | 1 croissant | 1 bread roll | 1 butter | 1 jam 9.50

### «Z'Morge füre gross Hunger»

1 hot drink of choice | 1 orange juice | 1 fried or scrambled egg | 1 croissant | 1 bread roll  
1 butter | 1 jam | 1 cheese | 3 slices ham 15.50

### «Z'Morge de Luxe»

1 hot drink of choice | 1 Prosecco | 1 fried or scrambled egg | fried bacon |  
1 croissant | 1 bread roll | 1 butter | 1 jam | 1 cheese | 3 slices ham 21.00

## Extras

Fried bacon	3.50
Raw ham	5.50
Small meat plate	5.50
Scrambled egg	5.50
Scrambled egg & ham	7.00
Scrambled egg & bacon	7.00
2 fried eggs	5.00
Bread	1.50
Nutella or honey	1.50
Mountain cheese	5.50
Muesli Swiss style	4.50

## Salad

◀Green salad▶ with home-made vinaigrette	9.50
◀Mixed salad▶ with home-made vinaigrette	10.50
◀Wurst-Chäs Salat▶ Mountain cheese with Swiss pork sausage and a small salad with steakhouse fries	17.50 21.50
◀Nüssler Salat▶ Lamb's lettuce with bacon, eggs, croutons on a home-made vinaigrette	17.50
◀Caesar Salat▶ Iceberg salad with a caesarsauce, parmesan, croutons with sliced chickenbreast	19.50 22.50

## Soup

◀Soup of the day▶	9.00
◀Barley soup▶ Homemade soup with carrots, leek, celery and Bündnerfleisch (dry meat)	9.00
◀Goulash soup▶ Homemade soup with beef, tomato, potatoes, sweet pepper and different herbs	10.50

## Cold Dishes

### ◀Firschtplättli▶

Dry meat and regional Swiss cheese

29.50

### ◀Beef tartar▶

With Calvados and toast

24.50 | 27.50

### ◀Tröimli▶

Smoked sausage from Grindelwald with home-made potato salad

19.50

## Vegetarian Dishes

### ◀Grindelwalder Chäschueche▶

Home-made cheesecake with green salad

18.50

### ◀Thai Red Curry▶

Thai Red Curry with vegetables and jasmine rice

21.50

### ◀Chili con Verduras▶

Vegetable plate with parsley root, guacamole and garlic bread

24.50

## Fitness Plate

### ◀Yakitorispiessli▶

Roasted spiced chickensatay skewers with sweet chili sauce

25.50

### ◀Wanderteller▶

Beef steak with home-made herb butter

29.50

## Meat Dishes

### «Fleischkäse»

Minced meat loaf with fried egg, spinach and French fries 21.50

### «Angus- Burger»

Angus Beef Burger (168 gr.) with a home-made barbeque sauce and French fries 23.50

### «Schnipo»

Home-made pork escalope Vienna-style with vegetables and French fries 23.50

### «Asia Chicken»

Grilled chicken breast on a red curry sauce, sesame pak choi and jasmine rice 25.50

### «Hackbraten»

Meat loaf with morel cream sauce, vegetables and homemade mashed potatoes 28.50

### «Kalbsleberli mit Rösti»

Typical Swiss hash browns with veal liver on a home-made portwine sauce 29.50

### «Cliffhanger Cordon Bleu»

Home-made Cordon Bleu (280gr) filled with herb cheese from Grindelwald, grilled vegetables, and French fries 32.50

### «Rinds- Entrecôte» (180gr)

Cafe de Paris or pepper cream sauce, seasonal vegetables and rosemary potatoes 34.50

## Fish

### «Salmon fillet»

Leek cream, Pommery-Mustard sauce and sautéed potatoes with Fleur de Sel 28.50

## Pasta

### «Penne all'arrabiata»

Vegetarian pasta plate with a spicy sweet pepper-tomato sauce 18.50

### «Äpler»

Typical home-made Swiss pasta, with bacon, fried onions, potatoes and apple compote 21.50

### «Hörnli & Gehackets»

Pasta plate with minced meat, garlic bread and apple compote 22.50

### «Tagliatelle First»

Pasta plate with vegetable pesto | Belper Cheese Ball | Arugula 25.50

## Rösti

### «Oberjochrösti»

Roasted veal-sausage with Swiss hash browns and home-made onion sauce 21.50

### «Firschtrösti»

Swiss hash browns gratinated with Swiss cheese, bacon slices and a fried egg 21.50

### «Bachalprösti»

Swiss hash browns and a fried egg 16.50

Gratinated with swiss raclette cheese 19.00

### Hot cheese

«Raclette»

Hot melted Swiss cheese with potatoes, pickled gherkins and pearl onions 16.50

«Bachalpschnitte»

Bread with melted raclette cheese, wine, ham and egg 21.50

«Chäsfondue»

Swiss cheese fondue classic, with pickled pearl onions and gherkins, potatoes and bread 24.50

### Snacks

«Clubsandwich»

Toast, sliced turkey breast, bacon, fried egg, salad and French fries 21.50

«French Fries»

9.50

### Children`s Menü (until 12 years old)

«French Fries»

6.00

«Spaghetti Napoli or Bolognese»

10.50

«Chicken Nuggets with French fries»

10.50

«Wienerli (pork sausage) with French fries»

10.50

«Schnitzel (pork escalope) with French fries and vegetables»

12.50



## Dessert

Ice-cream   Vanilla   Chocolate   Coffee   Walnut   Strawberry   Lemon Sorbet	3.50
With whipped cream	+ 1.50
Milk shake   Vanilla   Chocolate   Coffee   Strawberry	7.50
«Coupe Danmark» Vanilla ice-cream with chocolate sauce and whipped cream	10.50
«Coupe First» Walnut, Coffee and Chocolate ice-cream with walnuts and whipped cream	10.50
«Ice Café» Coffee ice-cream and whipped cream	10.50
«Le Colonel» Lemon Sorbet with Vodka	10.50
«Coupe Bosco» Vanilla ice-cream with hot berries and whipped cream	10.50
«Meringue Glace» Vanilla and Strawberry ice-cream with Meringue and whipped cream	10.50
«Berner Öpfelchüechli» with Vanilla ice-cream, Vanilla sauce, cinnamon and sugar	12.50
«Homemade Applestrudel» Natural	8.00
with cream	9.50
with Vanilla sauce	9.50
with Vanilla sauce and Ice-cream	12.50
«Kaiserschmarrn» with chocolate plums, cream, and vanilla sauce	13.50
«Mille feuille strawberry» puff bags with home-made Vanilla cream and strawberries	13.50

## Cold Drinks

### ◀Mineral im Offenausschank▶

Coca Cola. Sprite. sparkling water 0.3l | 0.5l | 1.0l

4.30 | 5.40 | 9.80

Tap water 0.3l | 0.5l | 1.0l

3.00 | 4.00 | 7.00

### ◀Mineral Fläschli▶

Coca Cola. Coca Cola Zero. Fanta. Sprite 0.45l PET

Valsler classic. Valsler silence. Rivella rot. Rivella blau. Apfelschorle. Fusetea Ice Tea 0.5l PET

5.50

Focus Water 0.5l PET | Swiss Vitamin Water

5.50

### ◀Thomas Henry▶ 0.2l

Tonic Water. Bitter Lemon. Ginger Ale. Ginger Beer

4.80

### ◀Red Bull▶ 0.25l

5.00

### ◀Orange juice▶ 0.2l

5.00

### ◀Multivitamin▶ 0.2l

5.00

## Draft Beer

◀Rugenbräu spez▶ Hergöttli

0.2l | 5.2%

3.60

◀Rugenbräu spez▶ Stange

0.3l | 5.2%

4.50

◀Rugenbräu spez▶ Chübel

0.5l | 5.2%

5.80

## Bottles

«Rugenbräu spezial hell»	0.33l   5.2%	4.80
«Rugenbräu Lager hell»	0.5l   4.8%	5.80
«Zwickel Bier»	0.33l   4.8%	5.00
«Rugenbräu alkoholfrei»	0.33l	4.80
«Möhl Suure Moscht»	0.5l   4.0%	6.00
«Möhl Suure Moscht alkoholfrei»	0.5l	6.00
«Leffe Blonde»	0.33l   6.6%	6.50
«Leffe Bruin»	0.33l   6.5%	6.50
«Weissbier HB München»	0.5l   5.1%	7.00
«Kama Citra»	0.33l   5.0%	6.50
«Nordwand Bräu»	0.33l   4.9%	6.50

## Hot Drinks

Coffee	4.30
Espresso	4.30
Double Espresso	5.80
Milky coffee	4.50
Cappuccino	4.80
Coffee mēlange	5.50
Latte Macchiato	5.50
Hot Ovomaltine   Chocolate	4.50
Hot Ovomaltine   Chocolate with whipped cream	5.50
Punch   Apple   Orange   Wild berries   Rum	4.50
<b>Tee</b>	
Black Tea   China Green   Peppermint   Chamomile   Verbena   rooibos   rose hip Wild berries	4.50
Swiss Alpine herbs	4.90

## With Alcohol

First- Coffee	8.50
Hot chocolate with  Rum   Amaretto   Baileys   and whipped cream	8.50
Coffee  Amaretto   Baileys   with whipped cream	8.50
Irish Coffee	8.50
Schūmli Pflūmli	8.50
Glühwein red	6.50
Coffee Fertig   Prune   Stonefruit   Plum   Herb	7.00
Coffee   Prune   Stonefruit   Plum   Herb	7.00
Holdrio   Jagertee   Münze- Zwetschge   Fröschli	7.00
Rumpunch	7.00

## Spirituosen

Unsere Apero- Empfehlungen

◀Moët & Chandon Ice Imperial Rosé▶ 0.1l | 12% 12.00

### Aperitif & Bitter

◀Martini Bianco▶ 4cl | 15% 8.00

◀Campari▶ 4cl | 23% 8.00

◀Cynar▶ 4cl | 16.5% 8.00

◀Appenzeller▶ 4cl | 29% 8.00

◀Jägermeister▶ 4cl | 35% 8.00

◀Ramazotti▶ 4cl | 30% 8.00

◀Ricard▶ 4cl | 45% 8.00

### Liquer

◀Amaretto▶ 4cl | 28% 8.00

◀Baileys▶ 4cl | 17% 8.00

◀Genepi Morand▶ 4cl | 32% 8.00

◀Grand Marnier▶ 4cl | 40% 8.00

### Vodka

◀Belvedere▶ 4cl | 40% 12.00

Vodka White. green. red 4cl | 40% 8.00

### Gin

◀Hendrick's▶ 4cl | 41.5% 12.00

◀Crystal Gin▶ 4cl | 40% 12.00

## Rum

«Barcadi»	4cl   40%	8.00
«Havana Club Anejo Reserva»	4cl   40%	8.00
«Black Tears»	4cl   35%	8.00

## Whisky

«Gold Label»	4cl   40%	8.00
«Ballantine`s»	4cl   40%	8.00
«Glenmorangie»	4cl   40%	12.00
«Lagavulin 16 Jahre»	4cl   43%	12.00
«Swiss Highland Whisky»	4cl   46%	12.00

## Digestif

«Prune   Plum   Herbs   Pear   Cherry   Stonefruit»	4cl   40%	7.00
«Williamine Morand»	4cl   43%	8.00
«Apricot Morand»	4cl   43%	8.00
«Sierra Tequila»	4cl   38%	8.00
«Grand Arrmagnac»	4cl   40%	8.00
«Calvados Morin Père & Fils»	4cl   40%	8.00
«Vielle Prune Morin Père & Fils»	4cl   40%	8.00
«Hennessy VS Cognac»	4cl   40%	12.00

## Grappa Bepi Tosolini

«Moscato»	4cl   40%	12.00
«I legni Rovere»	4cl   40%	12.00
«Most Acquavite Da Most d'Uva»	4cl   40%	13.00

## Signature by First

First Kiss | Gin. Sour cherries. Lavender. Tonic 12.00

## Longdrinks & Cocktails

Aperol Spritz 10.50

Hugo 10.50

Whisky Cola 12.00

Rum Cola 12.00

Gin Tonic 12.00

Ginger Flame | red Vodka. Ginger Ale 12.00

Jägermeister Bull 12.00

Cynar Orange 12.00

Campari Orange | Soda 12.00

Mojito | white Rum. cane sugar. Mineral. lime and mint 12.00

Cuba Libre | Rum. Cola. Cane sugar and lime 12.00

Tequila Sunrise | Tequila. orange juice. Lemon juice and Grenadine 12.00

## Mule

Moscow Mule | Vodka. Ginger Beer. Lime and cucumber 12.00

Jäger Mule | Jägermeister. Ginger Beer. Lime and cucumber 12.00

Dark & Stormy | Rum and Ginger Beer 12.00

## Wine

### Top 50 White wine

«House wine»	1dl	6.20
«Yvorne Arlequin»	1dl   50cl	4.70   21.50
«Fendant»	1dl   50cl	4.70   21.50
«Chardonnay»	1dl   50cl	4.70   21.50
«Mixed Wine» sweet   sour	1dl	6.50

### Top 50 Rosé

«Dole Blanche AOC Valais»	1dl   50cl	4.70   21.50
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### Top 50 Red wine

«House wine»	1dl	6.20
«Merlot Ticino»	1dl   50cl	4.70   21.50
«Pinot Noir»	1dl   50cl	4.70   21.50

## Prosecco

«Goccia d'Oro» Trevisio»	1dl   75cl	7.00   45.00
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## Champagne

- «Moët & Chandon» Imperial. brut premier»
- «Moët & Chandon» Ice Imperial»
- «Moët & Chandon» Ice Imperial Rosé»

1dl | 75cl | 150cl      12.00 | 85.00 | 160.00

«Moët & Chandon» Champagne brut Grand Vintage 2009	75cl	160.00
«Dom Perignon Millesime 2009»	75cl	245.00
«Krug Champagner Gran Cuvee Edition»	75cl	295.00



## Bottles of White Wine

«Petite Arvine Océane» Charles Bonvin. Sion. CHE	75cl	34.00
«Johannisberg Weidmannstrunk» AOCV Mathier. CHE	75cl	42.00
«Molignon» AOC Valais. CHE	75cl	42.00
«Menada rueda verdejo ecologico» Verdejo. ESP	75cl	42.00
«Plan Loggier Trois» Charles Bonvin. CHE	75cl	42.00
«Sauvignon Blanc Tement» Südsteiermark. AUT	75cl	45.00
«Twanner Frauenkopf Chasselas» Bielersee AOC. CHE	75cl	45.00
«Quarteto Bio Swiss VDP» Uesslingen TG. CHE	75cl	45.00
«Heida Varone» AOC Valais. CHE	75cl	46.00

## Bottles of Rosé

«Gran Rosé» Brivio Vino. Mendrisio. CHE	75cl	42.00
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## Bottles of Red Wine

«Cornalin Antico» Charles Bonvin. Sion. CHE	50cl	34.00
«Primitivo Elè» Puglia. ITA	75cl	40.00
«Barbera d'Asti Tirteo Superiore» Piemont. ITA	75cl	42.00
«Clos Du Château» Charles Bonvin. Sion. CHE	75cl	42.00
«Ripasso Soraighe Valpolicella Classico Superiore» Verona. ITA	75cl	45.00
«Cornalin Antico» Charles Bonvin. Sion. CHE	75cl	58.00
«Humagne Rouge» Adrian Mathier. Salgesch. CHE	75cl	62.00
«Quattromani» Tamborini. CHE	75cl	85.00
«Cuvée 1858» Charles Bonvin. Sion. CHE	75cl	98.00

## Magnum Bottles

«Clos Du Château» Charles Bonvin. Sion. CHE	150cl	78.00
«Ripasso Soraighe Valpolicella Classico Superiore » Verona. ITA	150cl	85.00
«Pinot Noir Lucifer» Adrian Mathier. Salgesch. CHE	150cl	92.00
«Coma Vella 2012» Priorat. Mas D'en Gil	150cl	134.00
«Vins de Chevalier»	150cl	145.00

## **ALLERGIES**

We have listed ingredients that can trigger allergies or intolerances in a separate menu card, which we will be happy to provide you on request. If you have additional questions, our boss or his representative will provide you with more detailed information.

## **COMPLAINTS & CRITICISM**

Say it now or never. Our primary goal is to provide you with good quality in all aspects of our company, to be able to win you over as a 'regular' special guest. If, despite our commitment, something should go wrong, or if we displease you, we always have an open ear-according to the principle 'the fist should be on the table and not in the bag or in the net' immediately and on site. If you tell us a complaint or criticism 'here and now', we have the option of settling it 'immediately and conclusively'. We do everything we can to make sure that you visit us again with a smile. Our time, energy, & passion is a destined for you here live and on site.

## **WATER**

As before, we offer you our own mountain spring water. (the source rises 150 meters next door). We are happy to serve you this water & of course free of charge! However, we charge you for the service (service, glasses, cleaning, stocking, etc.) per 0.5L = CHF 4.00

## **DOGS**

Four-legged friends are very welcome. However, please note that dogs must always be kept on a leash in our restaurant and on the terrace, not on the guests' seats.

## **PRICE AND TIPS**

All our prices are in Swiss Francs and include the statutory value added tax of 7.7%, the service is included. However, our employees are definitely looking forward to a nice tip, which is intended for the entire team.

